

## **A Fine Balance**

Fusion LifeSpa combines spa luxuries and natural health in Deephaven

A spa is a spa is a spa, right? Not exactly. Fusion LifeSpa, opened in September 2005 by owners Tim and Donna Duffy, goes beyond what is expected at a spa. “As our name implies, we are trying to fuse East and West, as well as a spa and natural health clinic,” Donna says. “People are coming here for opportunities to relieve stress, but also to learn how to be healthier.” Every aspect of Fusion (952.345.3335, [www.fusionlifespas.com](http://www.fusionlifespas.com)) was carefully planned, from the Feng Shui arrangement of the rooms to the environmentally conscious products used to outfit the entire space. The unique services offered are equally forward-thinking, like their all-natural nail care treatments, using phalate-free polishes and removers. Also exclusive to Fusion are the luxurious bathing rituals, which draw on bathing traditions from Japan and the hammams of Turkey and Morocco. There are also two doctors of Chinese medicine at Fusion, experts in Thai massage, a chiropractor and an applied kinesiologist; everything is overseen by Dr. Robert Bruley, a board-certified holistic M.D. Also on offer are a signature line of organic products that Donna has developed, including advanced skin care, hand soap and body lotions, and a range of other unique products for bath, body and home.

— Gina Czupka

Lake Minnetonka Magazine, October, 2006